REGULATION

RUNFORLIFE 2027

COMPETITIVE 10KM AND HALF MARATHON RACES
MARCH 7, 2027 – AUTODROMO NAZIONALE MONZA

Run For Life SSD a R.L., in collaboration with Social Time Odv, GP I Gamber de Cuncuress ASD, and ASD Silvia Tremolada APS, with the approval of FIDAL Regional Committee of Lombardy and Provincial Committee of Milan, organizes the twelfth edition of Run For Life. The event, held in conjunction with International Women's Day, promotes respect as a necessary condition for civil coexistence between men and women. The initiative has a charitable purpose: the proceeds, net of organizational costs, will be invested in replanting an area of Monza Park.

The event, included in the FIDAL National Calendar, over the distances of 10 km and 21.097 km (certified courses), will take place in Monza Park on Sunday, March 7, 2027, with the start from Autodromo Nazionale Monza at 09:00 AM for both above-mentioned competitive distances.

PARTICIPATION REQUIREMENTS

A) REGISTRATION FOR ITALIAN ATHLETES OR FOREIGN ATHLETES RESIDING IN ITALY

The competitive events are open to:

- **Italian or foreign athletes residing in Italy** registered with clubs affiliated with FIDAL under the following categories:
    - *For the 10km only:* Allievi/Allieve (ages 16–17)
    - Juniores (ages 18–19)
    - Promesse (ages 20–22)
    - Seniores (from SF-SM to SM-SF95 and over)
- **Foreign athletes registered with foreign Athletics Federations affiliated with World Athletics (WA)**, submitting upon registration:
    - *EU foreign athletes:* authorization from their home Federation to compete abroad.
    - *Non-EU athletes:* in addition to the home Federation authorization, a valid residence permit or entry visa.
- **Holders of Runcard** (Italian citizens and foreign residents in Italy aged 20 and over, birth year up to 2007 inclusive) who are not registered with a FIDAL-affiliated club, a foreign WA-affiliated club, or an Sports Promotion Body (EPS - Athletics section) affiliated club, holding a valid RUNCARD issued directly by FIDAL (www.runcard.com). Participation is subject to submitting a valid Italian medical certificate for competitive athletics.

- **Italian and foreign athletes registered with Sports Promotion Bodies (EPS - Athletics section)** that have signed an agreement with FIDAL, provided they hold a valid RUNCARD-EPS. Participation is subject to submitting a valid Italian medical certificate for competitive athletics.

B) REGISTRATION FOR ITALIAN ATHLETES RESIDING ABROAD

The competitive events are open to athletes in the following categories (for the **10KM ONLY**, Allievi aged 16–17 are eligible; otherwise Juniores 18–19, Promesse 20–22, Seniores SF-SM to SM-SF95 and over).

Athletes must fulfill one of the following requirements:

- Be registered with FIDAL through an affiliated club.
- Be registered with foreign Athletics Federations affiliated with World Athletics.
- Hold a FIDAL RUNCARD (must be over 20 years old in this case) combined with a specific medical certificate of fitness for athletics ("Health Form" downloadable from the race website).

Participation of Italian athletes residing abroad without one of the above requirements is not allowed.

C) REGISTRATION FOR FOREIGN ATHLETES NOT RESIDING IN ITALY

1. 21.097 KM AND 10KM COMPETITIVE

Open to athletes in categories: Allievi (16–17 years, **10km ONLY**), Juniores (18–19 years), Promesse (20–22 years), Seniores (SF-SM to SM-SF95 and over).

Athletes must fulfill one of the following requirements:

- Be registered with foreign Athletics Federations affiliated with World Athletics.
- Hold a FIDAL Runcard (must be over 20 years old) combined with a specific medical certificate of fitness for athletics ("Health Form" downloadable from the race website).

2. 21.097 KM TOURIST-SPORTING FORMULA (RESERVED EXCLUSIVELY FOR NON-RESIDENT FOREIGN ATHLETES)

Only non-resident foreign athletes aged 18 or older on race day can participate without submitting a medical certificate. They must duly fill out the Liability Waiver Form during registration.

These runners are classified as "non-registered foreign citizens" and will be listed in an alphabetical order of finish separate from official competitive rankings. They are not eligible for cash prizes, prizes in kind, vouchers, appearance fees, expense reimbursements, or any other form of award.

WHO CANNOT PARTICIPATE

- Athletes registered with other Federations (e.g., Triathlon).
- Athletes registered with CONI-recognized Sports Promotion Bodies (EPS) not affiliated with FIDAL who do not hold a RUNCARD.
- Medical certificates stating terms like "jogging", "running", "marching", "marathon", "triathlon", etc., are **not valid**.

- Medical certificates for other sports are **not valid**; only certificates explicitly indicating "Atletica Leggera" (Athletics) will be accepted.

DECLARATION OF LIABILITY

Upon registration via official forms, all participants must sign the declaration of liability as follows:

"I, the undersigned, aware of the criminal penalties provided for false statements and falsification of documents (Art. 26 L. 15/68 and Art. 489 C.P.), declare: to have read and consequently know, accept, and abide by the regulations of 'RUN FOR LIFE 2027'; to be aware that participating in competitive sports events is potentially a risky activity if not properly prepared and in suitable physical condition; to be aware that registration requires a valid medical certificate of fitness for competitive athletics and being at least 18 years old on the event date (16 years old for the 10km); to register voluntarily and assume all risks arising from my participation in the event: falls, contacts with vehicles, other participants, spectators, weather conditions (including scorching heat, extreme cold, and/or humidity), traffic, and road conditions, all known and evaluated by me.

Knowing the above and in consideration of the acceptance of my registration, I, on my behalf and in the interest of no one else, release and discharge the Organizers of Run For Life 2027, Run For Life SSD a R.L., I Gamber de Cuncuress, Social Time Odv, ASD Silvia Tremolada APS, FIDAL, the Municipality of Monza, Consorzio Villa Reale, Regione Lombardia, promoter entities, sponsors, organizational partners, and their respective representatives, successors, officers, directors, members, agents, collaborators, and employees, from all present and future claims or liability of any kind, known or unknown, arising from my participation.

Once registration for RUN FOR LIFE 2027 is accepted, the entry fee is non-refundable, including in case of cancellation, postponement, or non-occurrence due to force majeure and/or reasons not attributable to the Organizing Committee, including revocation of authorization by public authorities.

By registering, I expressly authorize the Organizers and associated partners to record images of the event, freely acquiring rights to use fixed or moving images on all media, promotional, or advertising materials worldwide for the maximum duration allowed by law. I also declare having read the privacy policy on www.runforlifeitaly.it and consent to personal data processing under EU Regulation 2016/679 (GDPR)."

REGISTRATION AND PAYMENT

Registrations are open online at www.runforlifeitaly.it. Starting grid positions are guaranteed until **March 3, 2027**, subject to declaring expected finish time during registration. Any registrations received later will automatically be assigned to the back of the grid.

Entry Fees:

- **21km Competitive and Tourist-Sporting:**
  - €30 until December 31, 2026
  - €35 from January 1 to January 31, 2027
  - €45 from February 1 to March 3, 2027
- **10km Competitive:**
  - €20 until December 31, 2026

- €25 from January 1 to January 31, 2027
- €30 from February 1 to March 3, 2027

*Processing fees apply to all above prices.

- **Sports Clubs/Groups:** Special conditions apply for groups with more than 10 entrants. Contact info@runforlifeitaly.it.
- **Included in the Fee:** Race bib, timing chip rental, race pack with official gadget and sponsor products, course aid stations, final refreshment, services, insurance, finisher medal, medical and technical assistance.
- **Late Registrations:** For registrations submitted during the final week before the event, the race pack cannot be guaranteed.
- **Deadline:** Registrations close on **March 2, 2026, at 11:59 PM**. The committee reserves the right to close registrations earlier at its sole discretion.
- **Payment Method:** Online payment by credit card upon registration.

CONFIRMATION OF REGISTRATION

The Organizing Committee will send a formal confirmation document via email. If not received, contact info@runforlifeitaly.it.

REFUND POLICY

Entry fees are non-refundable under any circumstances for reasons attributable to the registrant.

SAFETY PLAN

A safety and medical plan has been established in compliance with current regulations and in cooperation with local authorities, law enforcement, and the Red Cross.

RACE PROGRAM

Bib Pickup

- **Saturday, March 6, 2027:** 10:00 AM – 6:30 PM
- **Sunday, March 7, 2027:** 06:00 AM – 08:00 AM
- **Location:** EXPO Area inside Autodromo Nazionale Monza.

Bibs can be collected by third parties presenting a written proxy and a valid ID photocopy of the participant. For group registrations, bibs must be collected together by the club representative if requested; individual collection will not be permitted.

Clubs and athletes from the provinces of Monza and Milan must collect their bibs on Saturday, March 7, 2026.

Race bibs are strictly personal, non-transferable, and cannot be altered. Unauthorized bib transfers or fake bibs will result in disqualification, liability for damages, and referral to federal/legal authorities.

TIMING

Timing and rankings will be conducted via a transponder chip system.

- **Real Time:** Measured from line crossing at start to Finish Line crossing (for statistical purposes).
- **Gun Time:** Measured from the starter's gun (official time used for official rankings and federal leaderboards).

Starting corrals are assigned based on declared times. Starting from an unassigned corral will lead to a warning and tracking for future events. Swapping chips or carrying multiple chips will result in disqualification and reporting to Federal Authorities.

REFRESHMENT STATIONS

Per WA/FIDAL rules, refreshment and sponge stations will be provided along the course and at the finish area.

TIME LIMIT

- **21.097 km:** 3 hours
- **10 km:** 90 minutes

Beyond these time limits, complete road closure cannot be guaranteed.

RESULTS

Overall and category results will be published on the official website after validation by the Technical Delegate / Judge of Appeal.

BAG DROP

A numbered sticker corresponding to the race bib will be provided to stick on personal gear bags. Bags must contain personal clothing only.

- **ATTENTION:** ONLY OFFICIAL RACE BAGS PROVIDED AT BIB PICKUP WILL BE ACCEPTED AT THE BAG DROP AREA.
- Do not leave valuables (phones, wallets, etc.); organizers are not responsible for theft.

AWARDS AND PRIZES

Competitive Half Marathon:

- Cash prizes for the top 3 overall Men and Women.
- Prizes in kind for the top 3 Men and Women in each category.

Overall Cash Prizes (Half Marathon - Men/Women):

- 1st Place: €200
- 2nd Place: €150
- 3rd Place: €100

Italian Athletes Cash Prizes (Half Marathon - Men/Women):

- 1st Place: €75
- 2nd Place: €50
- 3rd Place: €25

Competitive 10 km:

- Prizes in kind for top 3 overall Men and Women, and top 3 in each category.

Notes on Awards: Cash prizes require presenting a FIDAL card and must be collected in person on-site (uncollected prizes will not be shipped later). RUNCARD holders appear in general results but cannot receive cash prizes, bonuses, or reimbursements.

Club Quantity Cash Awards:

Awarded to the top 3 clubs based on total registrations across 30km, 21km, and 10km competitive events:

- 1st Place: €300
- 2nd Place: €200
- 3rd Place: €100

GENERAL INFORMATION

- **Protests:** Under FIDAL regulations, initial verbal protests must go to the finish judge. Written appeals must be submitted within 30 minutes of official result publication to the Appeal Judge, accompanied by a €100 fee (refundable if upheld).
- **Identity Check:** FIDAL officials (G.G.G.) may verify athlete membership and identity.
- **Registration Transfer/Change:** Transferring registration to another runner or changing race distance is permitted up to **March 2, 2027**, via info@runforlifeitaly.it. Fee adjustments apply for upgraded distances; no refunds are given for downgrades.
- **Image Rights & Privacy:** Governed by GDPR (EU 2016/679). By registering, participants grant non-exclusive, worldwide rights for photographic/video footage taken during the event to be used in promotional materials.
- **Event Cancellation:** In case of cancellation/postponement due to force majeure or authority revocation, entry fees and incurred expenses are non-refundable.
- **Footwear Rule (RT 5):** Running shoes must comply with World Athletics Technical Rule RT 5.
- **Insurance:** Organizers hold Third-Party Liability (RCT) and individual accident insurance policies.

Monza, September 2026

Run For Life Società Sportiva Dilettantistica a R.L.

REGULATION
RUNFORLIFE 2027

NON-COMPETITIVE 10KM AND 5KM RACES
MARCH 7, 2027 – AUTODROMO NAZIONALE MONZA

Run For Life SSD a R.L., in collaboration with Social Time Odv, I Gamber de Cuncuress SSD, and ASD Silvia Tremolada APS, organizes the twelfth edition of Run For Life. The event, organized in conjunction with International Women's Day, promotes respect as a necessary condition for civil coexistence between men and women. The initiative has a charitable purpose: the proceeds, net of organizational costs, will be invested in replanting an area of Monza Park.

The non-competitive 10km and 5km races will take place on Sunday, March 7, 2027, with the start at 09:15 AM for both distances.

ELIGIBILITY AND PARTICIPATION

- **10 km non-competitive:** Open to everyone.
- **5 km non-competitive:** Open to everyone.

DECLARATION OF LIABILITY

Upon registration via official forms, all participants must sign the declaration of liability as follows:

"I, the undersigned, aware of the criminal penalties provided for false statements and falsification of documents (Art. 26 L. 15/68 and Art. 489 C.P.), declare: to have read and consequently know, accept, and abide by the regulations of 'RUN FOR LIFE 2027'; to be aware that participating in competitive sports events is potentially a risky activity if not properly prepared and in suitable physical condition; to be aware that registration requires a valid medical certificate of fitness for competitive athletics and being at least 18 years old on the event date (16 years old for the 10km); to register voluntarily and assume all risks arising from my participation in the event: falls, contacts with vehicles, other participants, spectators, weather conditions (including scorching heat, extreme cold, and/or humidity), traffic, and road conditions, all known and evaluated by me.

Knowing the above and in consideration of the acceptance of my registration, I, on my behalf and in the interest of no one else, release and discharge the Organizers of Run For Life 2027, Run For Life SSD a R.L., I Gamber de Cuncuress, Social Time Odv, ASD Silvia Tremolada APS, FIDAL, the Municipality of Monza, Consorzio Villa Reale, Regione Lombardia, promoter entities, sponsors, organizational partners, and their respective representatives, successors, officers, directors, members, agents, collaborators, and employees, from all present and future claims or liability of any kind, known or unknown, arising from my participation.

Once registration for RUN FOR LIFE 2027 is accepted, the entry fee is non-refundable, including in case of cancellation, postponement, or non-occurrence due to force majeure and/or reasons not

attributable to the Organizing Committee, including revocation of authorization by public authorities.

By registering, I expressly authorize the Organizers and associated partners to record images of the event, freely acquiring rights to use fixed or moving images on all media, promotional, or advertising materials worldwide for the maximum duration allowed by law. I also declare having read the privacy policy on www.runforlifeitaly.it and consent to personal data processing under EU Regulation 2016/679 (GDPR)."

REGISTRATION AND PAYMENT

Registrations are open online at www.runforlifeitaly.it.

Entry Fees:

- **10km Non-Competitive:**
  - €20 until December 31, 2026
  - €25 from January 1 to January 31, 2027
  - €30 from February 1 to March 2, 2027
  - On-site registration at the EXPO area on March 6 and 7, 2027, incurs an additional €5 fee.
- **5km Non-Competitive:**
  - €15 until March 2, 2027
  - On-site registration at the EXPO area on March 6 and 7, 2027, incurs an additional €5 fee.

*Processing fees apply to all above prices.

*N.B. The non-competitive race will not be supervised by FIDAL judges (G.G.G.).

- **Included in the Fee:** Race bib, timing chip rental (**10km only**), race pack with official gadget and sponsor products, course aid stations, final refreshment, services, insurance, finisher medal, technical and medical assistance.
- Registrations without full personal details will not be accepted.
- **On-Site Registration:** Registration for non-competitive events can also be completed at the venue (subject to bib availability) at the organizing secretariat located at Autodromo Nazionale Monza (Viale di Vedano 5, Monza):
  - Saturday, March 6, 2027: 10:00 AM – 6:30 PM
  - Sunday, March 7, 2027: 06:00 AM – 08:00 AM

CONFIRMATION OF REGISTRATION

The Organizing Committee will send a formal confirmation document via email. If not received, contact info@runforlifeitaly.it.

REFUND POLICY

Entry fees are non-refundable under any circumstances for reasons attributable to the registrant.

SAFETY PLAN

A safety and medical plan has been established in compliance with current regulations and in cooperation with local authorities, law enforcement, and the Red Cross.

RACE PROGRAM

Bib Pickup

- **Saturday, March 6, 2027:** 10:00 AM – 6:30 PM
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- **Location:** EXPO Area inside Autodromo Nazionale Monza.

Bibs can be collected by third parties presenting a written proxy and a valid ID photocopy. For group registrations, bibs must be collected together by the club representative if requested.

Clubs and athletes from the provinces of Monza and Milan must collect their bibs on Saturday, March 7, 2026.

Race bibs are strictly personal, non-transferable, and cannot be altered. Unauthorized bib transfers or fake bibs will result in liability for damages, as well as sports and legal penalties.

TIMING

Timing measurement and results processing will be carried out using a chip transponder system **for the 10km only**.

REFRESHMENT STATIONS

Per WA/FIDAL standards, refreshment services will be provided at the finish area.

TIME LIMIT

The time limit for both 5km and 10km is **100 minutes**. Beyond this time, complete course closure cannot be guaranteed.

RESULTS

Results for the 10km will be available on the official website.

BAG DROP

A numbered sticker corresponding to the bib number will be provided for personal clothing bags.

- **ATTENTION:** ONLY OFFICIAL BAGS PROVIDED BY THE ORGANIZERS AT RACE PACK PICKUP WILL BE ACCEPTED AT THE BAG DROP AREA.
- Do not leave personal valuables inside bags; organizers are not responsible for theft.

GENERAL INFORMATION

- **Medical Service:** Adequate medical assistance will be provided along the course and at the start/finish line.
- **Registration Transfer/Change:** Transferring registration to another runner or changing race distance is permitted up to **March 2, 2027**, via info@runforlifeitaly.it. Fee adjustments apply for upgraded distances; no refunds are given for downgrades.
- **Privacy & Image Rights:** Governed by GDPR (EU 2016/679). By registering, participants grant non-exclusive, worldwide rights for photographic/video footage taken during the event to be used in promotional materials.
- **Event Cancellation:** In case of cancellation/postponement due to force majeure or authority revocation, entry fees and incurred expenses are non-refundable.
- **Rule Changes:** The committee reserves the right to modify these rules at any time for better organization, subject to FIDAL approval. The event will take place under any weather conditions.

Monza, September 2026

Run For Life Società Sportiva Dilettantistica a R.L.